

Cardiology Division – Heart Center, Luzerner Kantonsspital

LUCCA 3.0 – Impella® Workshop

MCSD indications for high-risk interventions and shock management
– When would you use an Impella® device ...?

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Senior Consultants Interventional Cardiology

Lucerne, February 22, 2024



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- **WHAT'S YOUR EXPERIENCE WITH THE IMPELLA™ DEVICE?**

Who has experience with mechanical circulatory support devices?

Who has experience with the Impella® device?

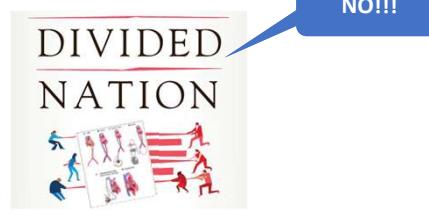
2

- **OUR EXPERIENCE WITH THE IMPELLA™ DEVICE**

Are there only pVAD / Impella enthusiasts in Lucerne?

DIVIDED NATION

VS.



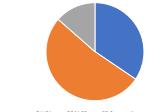
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- **OUR EXPERIENCE WITH THE IMPELLA™ DEVICE**

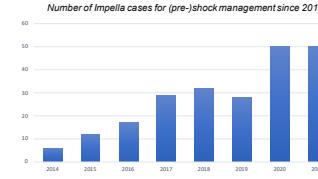
Cardiogenic shock and heart failure management using the Impella™ device
– Cardiology Division – LUKS: Almost one decade of experience

Indications for Impella implants in CS cases



| Indication | Percentage |
|----------------------|------------|
| OHCA | ~45% |
| CS/ACS | ~40% |
| CS from other causes | ~15% |

Number of Impella cases for (pre-)shock management since 2014

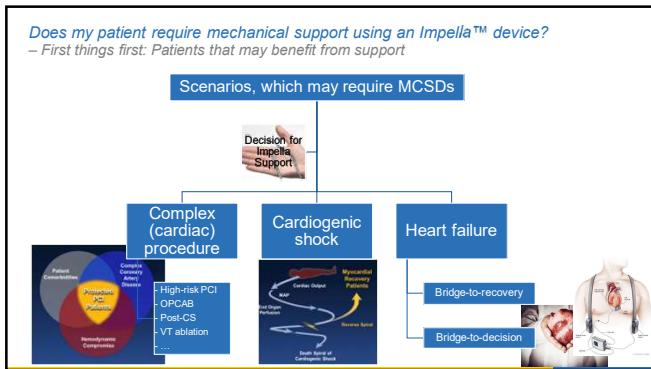


| Year | Implementations |
|------|-----------------|
| 2014 | ~5 |
| 2015 | ~10 |
| 2016 | ~15 |
| 2017 | ~30 |
| 2018 | ~35 |
| 2019 | ~30 |
| 2020 | ~55 |
| 2021 | ~50 |

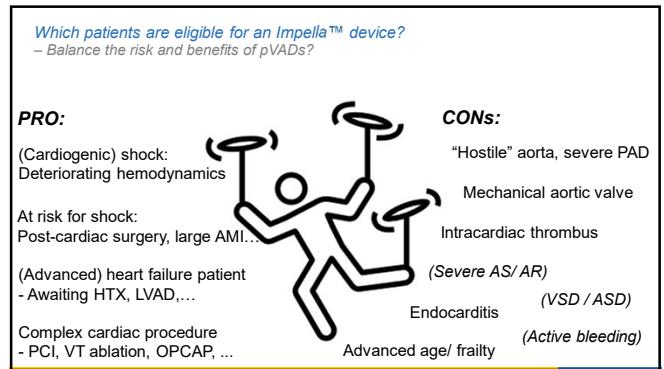
Indications for use of the Impella™ device in Lucerne:

1. (pre-)shock & OHCA (approx. 80%)
2. Heart failure & high-risk PCI
3. Bridge to recovery/ HTX/ LVAD

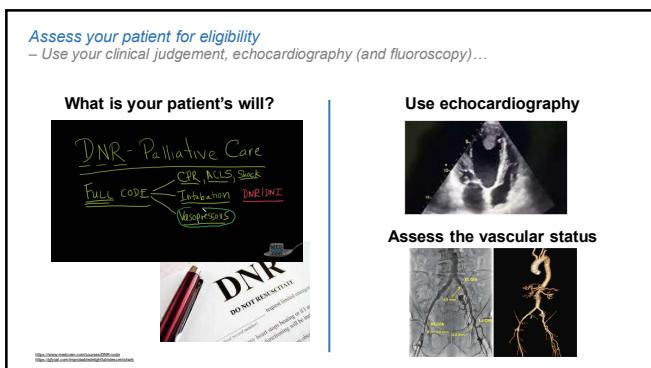
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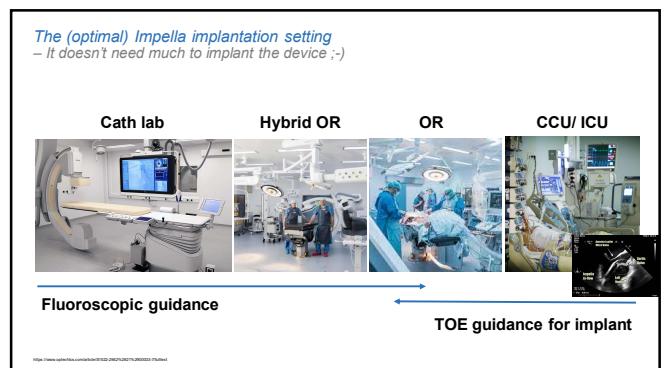
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Mechanical circulatory support devices...
– It's getting boring...

**Educative cases:
Let's discuss!**

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A case example
– The acute heart failure patient...

45 y/o male, SOB NYHA IV, acute heart failure (LVEF 20%)

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Why do we need "protection" or "support" for PCI
– Protected PCI!?

Who needs support?

Normal heart function

Severely depressed LV function

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Case selection for protected PCI

Complex & High-Risk Patients Appropriate for Protected PCI

- Patient Comorbidities:**
 - Surgical Ineligibility
 - Prior Cardiac Surgery
 - Heart Failure
 - Renal Insufficiency
 - Diabetes
 - Advanced Age
 - Unstable Angina/NSTEMI
- Complex Coronary Artery Disease:**
 - Multi-Vessel Disease
 - Distal Left Main Disease
 - Complex Lesions (Bifurcation, Calcification)
 - CTO Retrograde
- Hemodynamic Compromise:**
 - Mild, Moderate and Severely Depressed Ejection Fraction
 - Low Systolic BP and High LVEDP

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A case example
– The acute heart failure patient...

45 y/o male, SOB NYHA IV, acute heart failure (LVEF 20%)

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A case example
– The acute heart failure patient...

1.5 years later...

1. No more SOB (NYHA I).
2. Normal daily functioning
3. Recovery of heart function

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- A CONTEMPORARY STEMI CASE...

60 y/o female with diabetes & anterior STEMI

Acute anterior STEMI

Chest pain started approx. 2h ago!
Door-to-balloon time: 15'

No previous MI – BP 110/80mmHg; HR 90pbm – Cold clammy; Lactate 1.8mmol/L

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- VENTRICULAR UNLOADING IN STEMIs
– SUCCESSFUL TRANSLATION FROM PRE-CLINICAL SCIENCE TO PATIENTS

Pre-Clinical¹

Reperfusion Alone 30mins Unloading Before Reperfusion

DTU Pilot²

U-IR Infarct U-DR

A

Bar chart showing % scar by LGE & Anatomic Pathology:

| Condition | % scar by LGE | % scar by Pathology |
|-------------------------|---------------|---------------------|
| Reperfusion | ~1.8 | ~1.8 |
| Unloading | ~1.2 | ~1.2 |
| Reperfusion + Unloading | ~1.8 | ~1.8 |
| Unloading + Reperfusion | ~1.2 | ~1.2 |

B

Primary Reperfusion Primary Unloading

U-IR: Unloading followed by Immediate Reperfusion
U-DR: Unloading for 30 minutes with Delayed Reperfusion

Copyright Assimed

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▪ MY STEMI-DTU TRIAL EXPERIENCE – IS IT FEASIBLE?

63 y/o gentleman with acute anterior STEMI

No previous MI – No comorbidities – BP 105/70mmHg; HR 60pbm – No evident shock

LUKS STEMI DTU Trial Case

Chest pain approx. 1.5h ago!
Door-to-unloading time: 20' → Chest pain free after 5'! ST-resolution!

PCI to LAD - 10'

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The tale of a young patient with refractory VF
– 37 y/o male with chest pain & VF

- Previously healthy; smoker
- Chest pain → Witnessed cardiac arrest; VF
 - Down time 0'; professional CPR in the field 40'
 - Refractory VF; >15x defibrillation
 - Cath lab transfer (with AutoPulse®)
 - Profound shock (SCAI E); Lactate 24mmol/L

What's next?

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The tale of a young patient with refractory VF
– Inferior STEMI with VF

eCPR with Impella?!

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The tale of a young patient with refractory VF
– Further course...

- Collateral damage:
 - Abdominal compartment syndrome → Urgent laparotomy
 - Compartment syndrome of all 4 extremities
 - AKI → Hemofilter required
 - DIC / bleeding
 - Critical illness polyneuropathy
 - Prolonged weaning...
 - But evidence for neurological recovery...
- Multiple surgical interventions ...
- Impella support for 48h → Surgical removal

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The tale of a young patient with refractory VF
– Further course... (part 2)

- Course of recovery:
 - Neuro-rehab for CIP
 - Dialysis stopped
 - Recovery of LV-function

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Case vignette

76y/o female

- Severe MR – myxomatous degeneration of MV, posterior prolapse
 - Progressive SOB (NYHA II-III)
 - Paroxysmal Afib
 - Normal LVEF, normal coronaries
 - sPAP at rest 35mmHg; exertion >50mmHg

Heart team decision: **Surgical MVR**

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The surgical procedure
– Minimal invasive MVR using anterolateral thoracic access

The surgical procedure:

- Anterolateral access
- Implantation of Physio™ II ring, neochordae x1
- Closure of clefts and indentures
- Anatomically challenging, but successful procedure!

Procedure recordings:

- Procedure duration: 6:53h
- Bypass time: 111'
- Aortic cross clamp time: 225'
- Reperfusion time 64'
- Hypothermia 28°C

Karthikeyan et al. Minimally invasive mitral valve surgery is associated with a low rate of complications. JMM Volume 256, Issue 2 December 2019, Pages 614-620

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Further course: Rapid deterioration
– „Things are about getting worse...“

What's next?

Upon arrival on ICU:

- Hemodynamically unstable
- Sliding demand of catecholamines
- Rapid Afib, LVEF 10%
- PEA → Resuscitation

This patient needs urgent SUPPORT!

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Postcardiotomy shock (PCS) requiring hemodynamic support
– Which device helps us most?

**What's next?
What are the options?**

Peritoneal ABP 0.5 L/min
Impella Recover 2.5-4 L/min
Impella CP 2.5-4 L/min
ECMO
Transfemoral 2.5-4 L/min

Centrifugal axial flow extracorporeal bypass
3M Xmas
Maytronics Bio-Medicus
Levitronix Centrimag

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Our case – Emergency management
– „Taking the evacuation route“

- Urgent angiogram
- Transfemoral implantation of Impella™ CP

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Our case – How did the patient do in hospital?
– Did things smoothen out?

- LV unloading with Impella™ device: 5 days
- Recurrent rapid Afib requiring ECV
- Surgical site bleeding/ hemotorax
- ICU/ IMC discharge after 13 days
- In hospital stay: 24 days
- At discharge: LVEF 25%, mild MR

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Our case – Long-term follow-up
– Three years later...

- Prior to hospital discharge: LVEF 30%
- 2 months after MVR: LVEF 40%
- 3 years later: LVEF 50-55%, mild-moderate MR
- Patient is fine and active (NYHA I)

Aim: Patients should not just survive; we should also aim for myocardial protection & recovery!

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Case vignette: Severe PAD, CAD and AS
– A hostile trias

76 y/o male patient

- RCA and LCX occluded; LAD 80%
- LVEF 35-40%
- Severe AS (mean 36mmHg)
- Severe PAD
- Post-EVAR: Thrombus formation
- SOB (NYHA III)

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Case vignette: Severe PAD, CAD and AS
– A hostile trias

Management:

→ **Left axillary access**

- Surgical cutdown / sheath insertion (14F)
- BAV using TrueFlow™ Balloon (18mm)
- Impella CP SmartAssist advancement
- Single access / 6F sheath for guider
- LAD PCI (1xDES)
- Surgical device removal / access closure

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Why do we need alternative access routes for Impella implantation?
– There is no one size fits all!

Possible factors requiring alternative access:

- Peripheral artery disease (PAD)
- Aortic ulcers or thrombi
- Tortuosity of the femoral/ iliac arteries
- Elongation of the aorta
- (Post-EVAR)
- Morbid obesity (BMI >35-40kg/m²)
- Prolonged support requirement expected (e.g. >1 week)
- ...

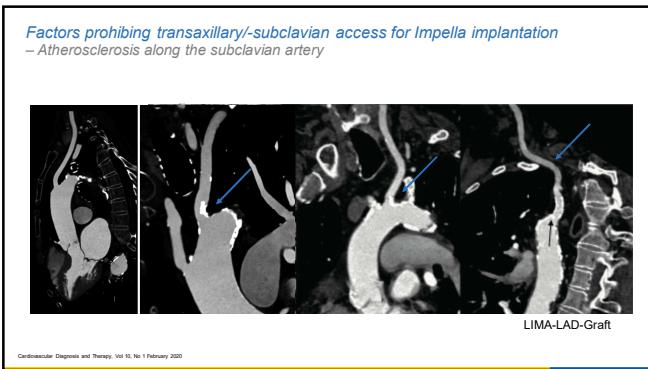
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Alternative access routes for Impella implantation
– What options do we have?

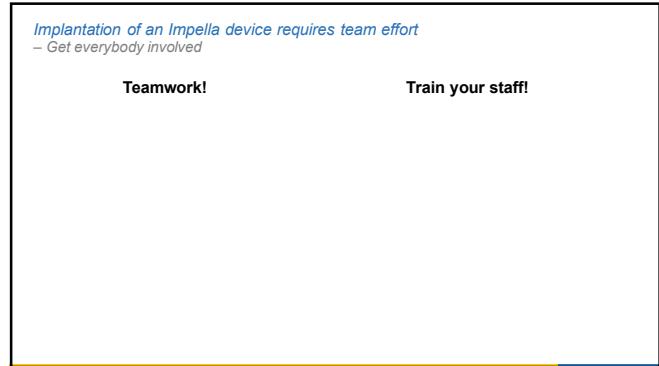
Alternative access routes:

- Axillary
- Subclavian
- Brachial
- Direct aortic
- Transcaval

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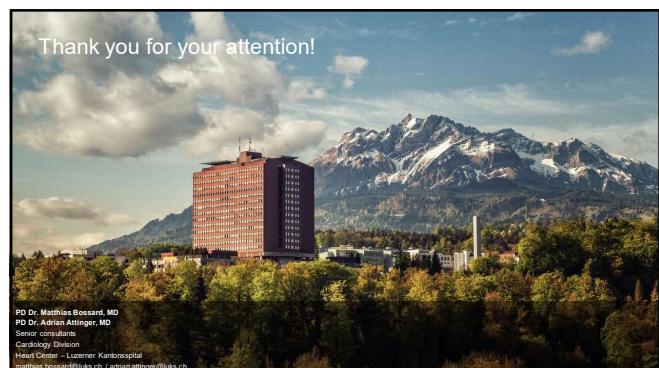
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Access closure following Impella® support
– It's so simple ;-)

Access closure after Impella® removal in the ICU setting:

Cath lab / OR
Impella® implantation

ICU
Stabilization / Recovery
→ Impella® removal

Access closure
MANTA™ device (n=31)
Manual compression (n=56)

Outcomes
MANTA™ vs. manual compression

| Outcomes | MANTA™ | Manual compression |
|-----------------------------|------------------|--------------------|
| Successful MANTA deployment | 29 cases (93.5%) | |
| Immediate hemostasis | 90.3% vs. 60.7%* | |
| VARC bleeding (overall) | 6.5% vs. 39.3%* | |
| VARC vascular complications | 16.1% vs. 21.4% | |
| All-cause death | 22.6% vs. 19.6% | |

Cuculi et al. Scientific Reports | (2022) 12:14060

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A challenging scenario: Morbid obese patient in need for MCS support
– Which route should I take?

71 y/o male patient

- 3-v-CAD, LM steno
- LVEF 30%
- T2DM
- BMI 48kg/m²
- Poor mobility due to osteoarthritis

Which access route would you choose?

Surgical turndown:
→ Heart team decision: Protected PCI with Impella

https://www.photomedica.de/deutschland/typical-challenges-managing-morbidly-obese-patients

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A challenging scenario: Morbid obese patient in need for MCS support
– How it went...

Percutaneous Impella implant

- US-guidance for puncture
- PCI of LM, LAD, LCX
- Planned access closure using MANTA™ device

MANTA™ device does not seal puncture site
→ 8-10cm tissue in-between

Massive bleeding → Crossover using balloon occlusion does not seal access site

Urgent surgical repair necessary

https://www.photomedica.de/deutschland/typical-challenges-managing-morbidly-obese-patients

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▪ WIESO BRAUCHT ES BEI EINER PCI "PROTECTION" ODER "SUPPORT"?

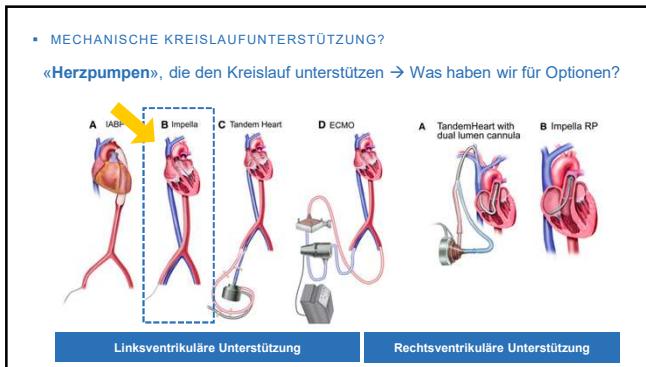
2 Szenarien:
Patient mit schlechter Herzfunktion & komplexer KHK

"Quick & Dirty" – Minimalistische PCI

PCI mit Pumpen-Unterstützung

https://www.photomedica.de/deutschland/typical-challenges-managing-morbidly-obese-patients

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VENTRICULAR UNLOADING FOR MYOCARDIAL ISCHEMIA – NOT A NEW CONCEPT!

LEFT VENTRICLE UNLOADING STRATEGIES

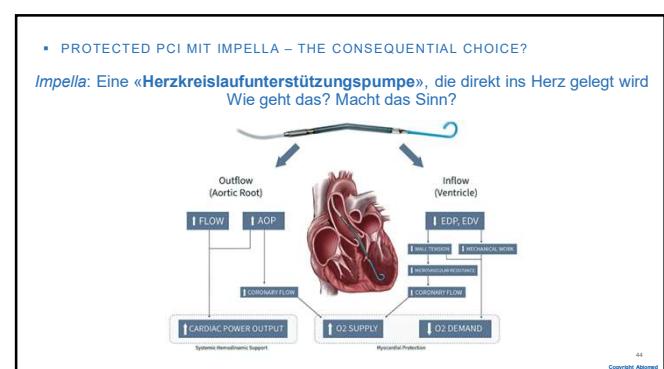
Reduction of the Oxygen Utilization of the Heart by Left Heart Bypass
By Clarence Dennis, M.D., Ph.D., David P. Hall, M.D., Juan R. Moreno, M.D., and Åke Senni, M.D.

Originally published
1 Mar 1982 <https://doi.org/10.1161/01.RES.10.3.298>
Circulation Research, 1982;10:298-305

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▪ WIE GEHEN WIR VOR BEI DER PROTECTED PCI?

Planung und Vorbereitung sind essentiell!



1. Aktenstudium und Aufklärung!
(Begleiterkrankungen & Patientenwünsche sind zentral)

2. Abklärung und Früherkennung von Problemen
(mit Labor, Ultraschall, CT uvm.)

3. Teamwork → Unterstützung durch andere Fachdisziplinen (Anästhesie, IPS, Herzchirurgie, Gefäßchirurgie, uvm.)

4. Material → Ultraschall, Impella, (ECMO), Drähte, Ballone, Rotablator, Imaging uvm.

Teamwork!

<https://imphand.org/deutschland/kardiologen/vergleichschecklisten/>

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▪ WIE GEHEN WIR VOR BEI DER PROTECTED PCI?

Planung und Vorbereitung sind essentiell!



Teamwork!

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▪ EIN FALLBEISPIEL...

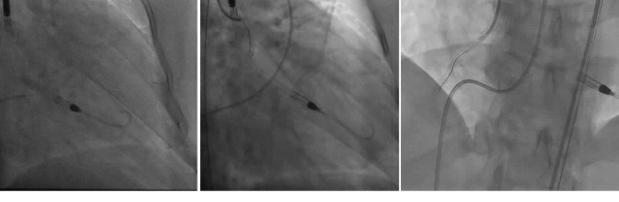
45 jähriger Patient mit schwerer Atemnot und schlechter Herzfunktion:
Wie weiter?



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▪ EIN FALLBEISPIEL...

45 jähriger Patient mit schwerer Atemnot und schlechter Herzfunktion:
Was wir gemacht haben...



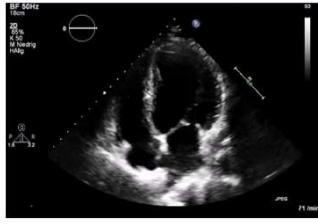
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▪ EIN FALLBEISPIEL...

45 jähriger Patient mit schwerer Atemnot und schlechter Herzfunktion:
Wie ging es weiter?

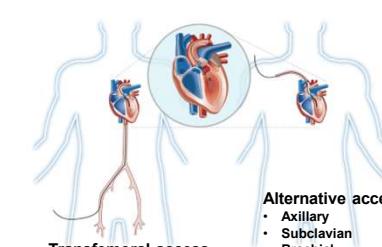
Knapp 1 Jahr später:

1. Keine Atemnot mehr.
2. Normale Belastbarkeit
3. Erholung der Herzfunktion!



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Access site selection
– Anticipate support duration



Alternative access routes:

- Axillary
- Subclavian
- Brachial
- Direct aortic
- (Transcaval)

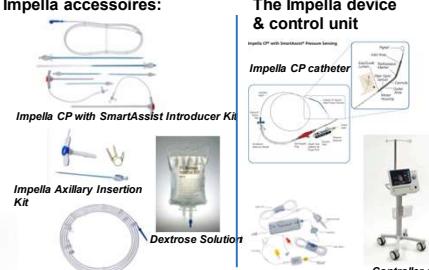
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Toolbox for a (regular) Impella™ implantation
– What do we need?

Access tools:



Impella accessoires:



The Impella device & control unit

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Setting up the Impella™ device
– Connect all the wires and tubes correctly



Set-up Configuration of the Automated Impella Controller, Impella CP with SmartAssist C

<https://www.fda.gov/media/140787/download>

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Implantation of an Impella device requires team effort
– Get everybody involved

Teamwork!

Train your staff!

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Questions?
– Get everybody involved...

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A challenging scenario: Morbid obese patient in need for MCSD support
– Which route should I take?

71 y/o male patient

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- T2DM
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Urgent surgical repair necessary



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Right heart failure & MCSD
– A complex state, which needs to be recognized rapidly

Definition of RHF

Or >3 mmol/dL despite continuous infusion of high-dose diuretics^a and any of the following:

- CVP > 15 mmHg or
- PAP > 30 mmHg or
- Moderate to severe global RV dysfunction on echocardiography defined as any of the following:
 - Global RV hypotrophy
 - Tricuspid annulus >14 mm
 - TR deceleration time >20 ms
 - RV short axis (or mid-cavity) diameter >35 mm

<http://www.theproctoxx.com/right-ventricle-dysfunction>

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Right heart failure & MCSD
– Clinical signs and biochemical markers of RV failure

| | |
|--|--|
| Clinical signs <ul style="list-style-type: none"> Hypoxaemia Signs of systemic congestion <ul style="list-style-type: none"> Jugular venous distension, hepatopatellar reflux Peripheral oedema, pericardial effusion, congestive hepatosplenomegaly, ascites, anasarca^b Signs of right ventricular dysfunction <ul style="list-style-type: none"> Third heart sound, systolic murmur of tricuspid regurgitation, hepatic pulse, signs of concomitant left ventricular dysfunction Paradoxical pulse Signs of low cardiac output state <ul style="list-style-type: none"> Hypotension, tachycardia, cool extremities, central nervous system abnormalities, oliguria | Biochemical markers <ul style="list-style-type: none"> Increased lactate levels Elevated natriuretic peptides (BNP or NT-proBNP) Elevated cardiac troponin I or T Abnormal liver biochemistry (e.g. elevated transaminases, bilirubin, prolonged prothrombin time) Abnormal renal function (blood urea nitrogen, creatinine) D-dimer levels^c |
|--|--|

Herpich I et al. European Journal of Heart Failure (2016) 18, 226–241

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Right heart failure & MCSD
– Causes of acute RV failure

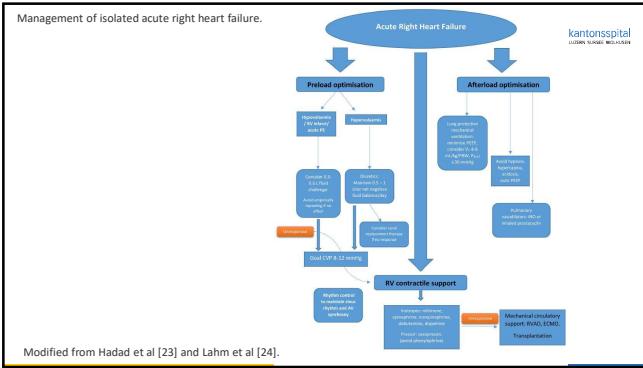
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|---|
| Acute left ventricular failure Right ventricular ischaemia/infection Acute pulmonary embolism Exacerbation of chronic lung disease and/or hypoxia Acute lung injury or respiratory distress syndrome Septis Chronic pulmonary hypertension (groups 1–5) Pericardial disease (tamponade) Arrhythmias (supraventricular or ventricular tachycardia) Congenital heart disease (e.g. atrial or ventricular septal defect, Ebstein's anomaly) Valvulopathies (e.g. tricuspid valve regurgitation, pulmonary valve stenosis) Cardiomyopathies (e.g. arrhythmogenic right ventricular dysplasia, familial, idiopathic) Myocarditis or other inflammatory diseases Cardiac surgery (e.g. cardiac transplant or left ventricular assist device implantation) Haematological disorders (e.g. acute chest syndrome in sickle cell disease) |
|---|

Herpich I et al. European Journal of Heart Failure (2016) 18, 226–241

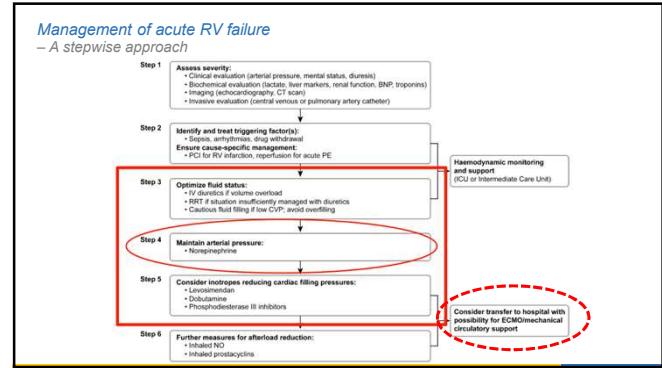
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Principles of managing right heart failure.
– The 5 cornerstones of management

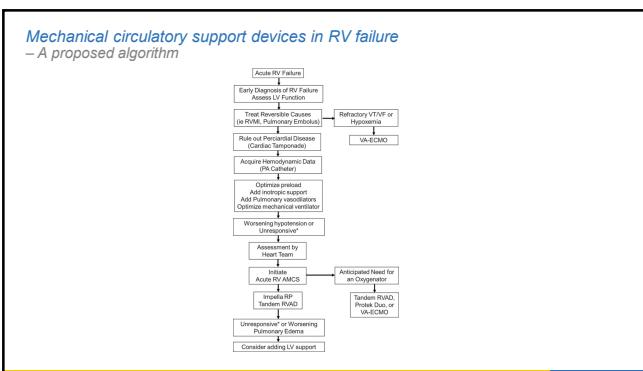
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Mechanical circulatory support devices for RV failure
– Currently available devices

| Device | Mechanism/Configuration | Advantages | Disadvantages | Optimal Use |
|----------------------------|---|---|---|---|
| PentaDuo RVAD (BivacNow) | Centrifugal flow, extracorporeal • Centrifugal flow, extracorporeal • Percutaneously implanted (cavofemoral dual-lumen cannula) | • Centrifugally deployed • Single access site • Blood flow up to 4-5 l/min | • May cause SVC syndrome with larger cannula size | RV failure following durable LVED implantation |
| Impella RP (Abiomed) | Microaxial flow • Microaxial flow • Percutaneously implanted • RA/IVC to PA blood flow | • Percutaneously deployed • Single access site • Blood flow up to 4-5 l/min | • Obligate femoral venous access • Risk of thrombosis at lower levels of anticoagulation | RV infarct or RV failure following durable LVED implantation |
| Surgical CentriMag (Abbot) | Centrifugal flow, extracorporeal • Centrifugal flow, extracorporeal • Surgically implanted • RA/IVC to PA blood flow | • Centrifugal flow, extracorporeal • Surgically implanted • RA/IVC to PA blood flow | • Risk of limb ischemia • Surgical implantation | In combination with CentriMag LVED |
| Veno-arterial ECMO | Centrifugal flow, vena cavae • Centrifugal flow • Percutaneously or surgically implanted • RA/IVC/SVC to aorta blood flow | • Percutaneous deployment possible • Emergent bedside deployment • Blood flow up to 3-5 l/min | • Increased LV afterload • Systemic arterial cerebral events • Risk of limb ischemia | Massive pulmonary emboli or decompensated pulmonary hypertension |
| HeartMate 3 (Abbot) | Centrifugal flow • Centrifugal flow • Surgically implanted • RA/RV to PA blood flow | • Fully implantable device (i.e. dischargeable) • Blood flow up to 4-6 l/min | • Surgical implantation | In combination with durable LVED implantation for dischargeable patient |

IWC = inferior vena cava; LVED = left ventricular assist device; RA = pulmonary artery; AA = right atrium; RV = right ventricle; SVC = superior vena cava.

Dall'Osso et al. Circul Fail Rev 2022;8:e4.
doi:10.1002/cfcr.20111

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Current and Emerging Strategies for RV Shock Management in the Setting of RV Infarct - American College of Cardiology (acc.org)

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| Clinical conditions in which the Impella RP is not recommended |
|---|
| Active infection with positive blood cultures |
| RA, RV or PA thrombus |
| Mechanical valves in the right heart* |
| Unrepaired ASD, PFO, or aortic dissection |
| PA conduit |
| Anatomic abnormalities precluding insertion |
| Moderate to severe pulmonary valve stenosis or insufficiency |
| Severe pulmonary hypertension (PAPs > 60mmHg) |
| Documented DVT and/or presence of IVC filter |
| Patients on right-sided support or ECMO |
| Allergy or intolerance to contrast |
| HIT or sickle cell disease |

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Clinical conditions in which the Impella RP is not recommended

- Active infection with positive blood cultures
 - RA, RV or PA thrombus
 - Mechanical valves in the right heart*
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Attinger et al. Front. Cardiovasc. Med., 23 March 2022

Impella™ devices as a bridge to ...

- pVADs as an option to bridge a potentially fatal scenario

Impella™ devices as bridge to:

RECOVERY

HTX (L)VAD

Harjola et al; European Journal of Heart Failure (2016) 18, 225-3

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Case vignette: Patient with end-stage heart failure in his early seventies
– How far should we go?

72 y/o male patient

- Ischemic heart disease
- Cardiogenic shock 2014: LM occlusion
- Multiple coronary interventions
- ICD-implant 2014
- Rather stable for 7 years
- 2021: Electric storm → Cardiogenic shock



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Case vignette: Patient with end-stage heart failure in his early seventies
– How far should we go?

72 y/o male patient

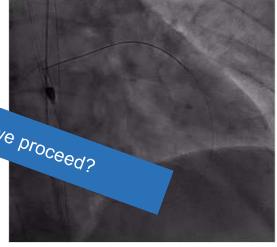
- End-stage HF – electric storm & CS

Meds:

- Amiodarone / sedation
- No effect!

Further course:

- pVAD Support → VT ablation
- Futile VT ablation
- Decision for LVAD implant
- Patient is at home (1.5y later)



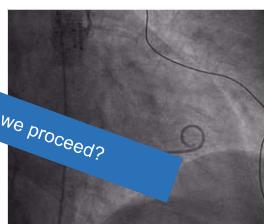
How should we proceed?

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Case vignette: Late presentation of a STEMI
– Chest pain for >12hours and now things start to spiral

70 y/o female patient

- Ongoing chest pain for 12 hours
- Anterior Q-Waves and ST-elevation
- Normal BP (!)
- Lactate 2.2mmol/L, clammy skin



How should we proceed?

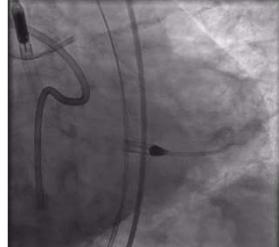
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Case vignette: Late presentation of a STEMI
– Chest pain for >12hours and now things start to spiral

70 y/o female patient

- Cardiogenic shock secondary to MI
- Mechanical support first: Impella CP implantation
- Severe 3-V-CAD (incl. LM disease, occluded LAD)

- Proceedings:
 - Futile PCI attempt to LAD
 - Cardiac tamponade due to LAD perforation ☺
 - PCI of LM/ LCX
 - Transfer to ICU



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Case vignette: Late presentation of a STEMI
– Shock management using Impella – All fine?

70 y/o female shock patient

- Profound shock – Catecholamines required
- «Insufficient support»

What options do we have?
ECMO? IABP? Impella 5.0/ 5.5?

- Proceedings:
 - Upsize Impella → 5.0 / transsubclavian access
 - 7 days support with Impella 5.0
 - Surgical removal → Transfer to community hospital
 - Hospital discharge after 21 days
 - 3 months FU → LVEF 35-40%; NYHA I-II



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Impella™ devices as a bridge to ...
– pVADs as an option to bridge a potentially fatal scenario

- Globally increasing number of patients suffering from advanced heart failure
- No. of patients requiring HTx for end-stage HF is growing
- Global organ shortage!
- pVADs (namely Impella™ devices) as bridge to recovery/ decision!

**Impella 5.5
With Smart Assist**



<https://www.heartrecovery.com/products-and-services/impella/impella-55-with-smartassist>

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Conclusions

• The term "stable" CAD should be avoided
 • Nonmodifiable and modifiable determine the risk for adverse events in CAD patients.
 • Novel antithrombotic regimens, lipid-lowering and inflammation-modifying agents reduce ischemic events.
 • Plaque-characterization is important for risk stratification.

<https://jpcat.ahajournals.org/article/10.1161/JC.0000000000000000>

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